

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	Event Wave	Start Time
233	Shereen	Allaway	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
612	Louis	Ansfield	Male	Junior Male (U20)	Western Tempo		10km	10km Wave 2	Event Wave 4	11:20
248	Joshua	Anthony	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
350	Malcolm	Archer	Male	Male (50-59)	Team Cool		10km	10km Wave 1	Event Wave 2	11:00
252	Ryan	Archer	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
270	Julie	Averiss	Female	Female (50-59)	Almost athletes		10km	10km Wave 1	Event Wave 2	11:00
613	Lucy	Avery	Female	Female (40-49)			10km	10km Wave 2	Event Wave 4	11:20
541	Matt	Baird	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
345	Ian	Baker	Male	Male (40-49)	Tribe		10km	10km Wave 1	Event Wave 2	11:00
341	Isaac	Baker	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
542	Jenny	Banks	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
614	Zackery	Barrass	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 4	11:20
507	Natasha	Barton	Female	Female (20-39)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
353	scott	beauchanon	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
615	Ane	Bedford-Smith	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
617	Matthias	Bidmead	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 4	11:20
616	Owen	Bidmead	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
618	Heather	Birnie	Female	Female (20-39)			10km	10km Wave 3	Event Wave 4	11:20
619	Solomon	Blake	Male	Junior Male (U20)	TribePT		10km	10km Wave 2	Event Wave 4	11:20
5623	Stephen	Blake	Male	Male (50-59)	TribePT		10km	10km Wave 2	Event Wave 4	11:20
5633	Steve	Bond	Male	Male (50-59)			10km	10km Wave 2	Event Wave 4	11:20
367	Mark	Brasier	Male	Male (50-59)			10km	10km Wave 1	Event Wave 2	11:00
369	Liam	Brown	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
374	Paula	Brown	Female	Female (50-59)	Bristol & West		10km	10km Wave 1	Event Wave 2	11:00
543	Martha	Browne	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
378	Jennifer	BURKE	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
383	Lee	Busby	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
515	Elliott	Caffell	Male	Male (20-39)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
388	Dave	Campbell	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5649	Becky	Case	Female	Female (40-49)	Shepton Shufflers		10km	10km Wave 2	Event Wave 4	11:20
389	Peter	Causon	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
392	Stephen	Causon	Male	Male (60-69)			10km	10km Wave 1	Event Wave 2	11:00

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	Event Wave	Start Time
5671	Danni	Chamberlain	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5677	Mathew	Chandler-Smith	Male	Male (50-59)			10km	10km Wave 3	Event Wave 4	11:20
5706	Sarah	Chandler-Smith	Female	Female (20-39)			10km	10km Wave 3	Event Wave 4	11:20
393	Angharad	Coats	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
516	Paul	Cooper	Male	Male (40-49)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
519	Tom	Cooper	Male	Male (40-49)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
544	Ruth	Courtney	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5710	Finley	Craythorne	Male	Junior Male (U20)			10km	10km Wave 3	Event Wave 4	11:20
394	David	Cross	Male	Male (50-59)			10km	10km Wave 1	Event Wave 2	11:00
408	Hannah	Dancey	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
409	Megan	Davies	Female	Junior Female (U20)			10km	10km Wave 1	Event Wave 2	11:00
415	Robert	Davies	Male	Male (50-59)	Lliswerry Runners		10km	10km Wave 1	Event Wave 2	11:00
411	Tracy	Davies	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
416	Simon	Davis	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
417	Eve	Devlin	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5712	Megan	Dickens	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5723	Anita	Dobbs	Female	Female (50-59)			10km	10km Wave 2	Event Wave 4	11:20
418	Michael	Edmunds	Male	Male (70+)			10km	10km Wave 1	Event Wave 2	11:00
5725	Philip	Emsley	Male	Male (50-59)			10km	10km Wave 2	Event Wave 4	11:20
5728	Rhys	Evans	Male	Junior Male (U20)			10km	10km Wave 3	Event Wave 4	11:20
5727	Sarah	Evans	Female	Female (20-39)			10km	10km Wave 3	Event Wave 4	11:20
419	Lee	fernandez	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5729	Jessica	Field	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
547	Gabriela	Filipkowska	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
553	Doug	Forsyth	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5739	Helen	Garnett	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5745	Simon	Garnett	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
420	Ali	Gleed	Female	Female (60-69)			10km	10km Wave 1	Event Wave 2	11:00
421	Kate	Green	Female	Female (50-59)	Wye Valley Runne		10km	10km Wave 1	Event Wave 2	11:00
5756	Adam	Grigg	Male	Junior Male (U20)			10km	10km Wave 2	Event Wave 4	11:20
5758	David	Grigg	Male	Male (60-69)	Nailsea Running C		10km	10km Wave 2	Event Wave 4	11:20
5759	Sarah	Grigg	Female	Female (50-59)			10km	10km Wave 2	Event Wave 4	11:20

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	Event Wave	Start Time
560	Beth	Grimes	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
570	Alex	Hale	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
422	Kathryn	Hall	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
423	Amanda	Hambleton	Female	Female (50-59)			10km	10km Wave 1	Event Wave 2	11:00
5761	Tegolin	Harding	Female	Female (40-49)			10km	10km Wave 3	Event Wave 4	11:20
5766	Sophie	Hardy	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5767	Ryan	Hart	Male	Male (20-39)			10km	10km Wave 3	Event Wave 4	11:20
5774	Charlotte	Hartland	Female	Female (20-39)			10km	10km Wave 3	Event Wave 4	11:20
424	Maria	Harvey	Female	Female (60-69)			10km	10km Wave 1	Event Wave 2	11:00
572	Emily	Harvey	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
574	Jacob	Hatherell	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
529	Giles	Hemley	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
425	Nick	Hemley	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
532	Simon-Margare	Hemley	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5284	Alfie	Hill	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5283	Simon	Hill	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5285	Zoe	Hill	Female	Female (50-59)			10km	10km Wave 1	Event Wave 2	11:00
521	Rhys	Hill	Male	Male (20-39)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
5775	Richard	Hobbs	Male	Male (40-49)			10km	10km Wave 3	Event Wave 4	11:20
871	Jake	Hollis	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
872	Zak	Hollis	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
575	Carys	Holloway	Female	Female (40-49)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
874	Kim	Ingleby	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
882	Daniel	Jimpson	Male	Male (20-39)	Tribe		10km	10km Wave 1	Event Wave 2	11:00
5777	Stuart	Johnson	Male	Male (20-39)			10km	10km Wave 3	Event Wave 4	11:20
891	Adam	Jones	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
901	Ally	Jones	Female	Female (40-49)	Parc Bryn Bach		10km	10km Wave 1	Event Wave 2	11:00
899	Debra	Jones	Female	Female (60-69)			10km	10km Wave 1	Event Wave 2	11:00
907	Ellie	Jones	Female	Female (20-39)	Lliswerry Runners		10km	10km Wave 1	Event Wave 2	11:00
883	Joanna	Jones	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
884	Lauren	Jones	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
903	Mike	Jones	Male	Male (20-39)	Parc Bryn bach		10km	10km Wave 1	Event Wave 2	11:00

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	Event Wave	Start Time
905	Paul	Jones	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5783	Barry	Jones	Male	Male (40-49)			10km	10km Wave 2	Event Wave 4	11:20
5785	Lacey	Jones	Female	Junior Female (U20)			10km	10km Wave 2	Event Wave 4	11:20
913	Micky	Kent	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5786	Jade	King	Female	Female (40-49)			10km	10km Wave 2	Event Wave 4	11:20
5800	Rachel	Landen	Female	Female (50-59)			10km	10km Wave 2	Event Wave 4	11:20
5801	Reece	Landen	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
915	Kathryn	Livingstone	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
920	Andrew	Lowe	Non-binary	Non Binary (50-59)			10km	10km Wave 1	Event Wave 2	11:00
922	Rhian	Lyons	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
924	John	Macrae	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
927	Sarah	Macrae	Female	Female (50-59)			10km	10km Wave 1	Event Wave 2	11:00
929	Mark	Marshall	Male	Male (50-59)	Wye Valley Runne		10km	10km Wave 1	Event Wave 2	11:00
5272	Luis	Martin	Male	Male (20-39)	Team cool		10km	10km Wave 1	Event Wave 2	11:00
203	Alex	McCormick	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 1	Event Wave 2	11:00
5802	Gen	Merrefield	Female	Female (50-59)			10km	10km Wave 2	Event Wave 4	11:20
931	Steven	Mesham	Male	Male (50-59)	Hereford Couriers		10km	10km Wave 1	Event Wave 2	11:00
932	Lauren	Millichip	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
604	Susie	Morton	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5095	harry	murphy	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5188	Mitch	Nicholas	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5189	Ali	Nicholls	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5193	Antony	Nicholls	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5803	Guy	O'Malley	Male	Male (40-49)			10km	10km Wave 2	Event Wave 4	11:20
5194	Neil	Okninski	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5197	Annie	Oliver	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
605	Imad	Ouachan	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5199	Gwyn	Palfrey	Male	Male (60-69)	Islwyn		10km	10km Wave 1	Event Wave 2	11:00
5201	James	Parsons	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5804	Eleanor	Parsons	Female	Female (20-39)			10km	10km Wave 3	Event Wave 4	11:20
5202	Chris	Patrick	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
606	Ellie	Payne	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	Event Wave	Start Time
5203	Tamsin	Pearce	Female	Female (40-49)	TRIBE		10km	10km Wave 1	Event Wave 2	11:00
5805	Rhys	Pearson	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5806	Laura	Penman	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5205	Matthew	Pentecost	Male	Male (40-49)	Team cool		10km	10km Wave 1	Event Wave 2	11:00
5213	Sara-Jane	Perera	Female	Female (40-49)	Gloucester Group		10km	10km Wave 1	Event Wave 2	11:00
5807	Alex	Phipps	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5808	Teresa	Phipps	Female	Female (40-49)			10km	10km Wave 2	Event Wave 4	11:20
5220	Steven	Plane	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5229	Dave	Preece	Male	Male (40-49)	Forest vikings		10km	10km Wave 1	Event Wave 2	11:00
5233	Erin	Preece	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5223	Hilary	Preece	Female	Female (50-59)	Islwyn		10km	10km Wave 1	Event Wave 2	11:00
5236	Callum	Probyn	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5239	Ellie	Reid	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
525	Sion	Richards	Male	Male (20-39)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
5809	Siobhan	Riggs	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5247	Caitlin	Roberts	Female	Female (20-39)	Portishead Runnin		10km	10km Wave 1	Event Wave 2	11:00
539	Jamie	Rogers	Male	Male (40-49)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
540	Morgan	Rogers	Male	Male (20-39)		PTH Enterprise	10km	10km Wave 2	Event Wave 4	11:20
5810	Leo	Schartz	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5811	Abi	Sellick	Female	Female (40-49)			10km	10km Wave 2	Event Wave 4	11:20
607	Ahmad	Sheikh	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5812	Emma	Shore	Female	Female (20-39)			10km	10km Wave 2	Event Wave 4	11:20
5252	Colin	Smith	Male	Male (60-69)			10km	10km Wave 1	Event Wave 2	11:00
5813	Gerran	Smith	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
232	Sam	Snell	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 1	Event Wave 2	11:00
608	Immi	Snell	Female	Female (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5259	Andrew	Spencer	Male	Male (60-69)			10km	10km Wave 1	Event Wave 2	11:00
5260	Richard	Stevens	Male	Male (40-49)	Tribe		10km	10km Wave 1	Event Wave 2	11:00
5262	Jon	Stones	Male	Male (50-59)	Lliswerry Runners		10km	10km Wave 1	Event Wave 2	11:00
5263	Daria	Streltsova	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5264	James	Sutton	Male	Male (50-59)	Bristol trail runners		10km	10km Wave 1	Event Wave 2	11:00
5265	Molly	Thomas	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00

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5266	Cat	Thompson	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5267	Leo	Tubbs	Male	Junior Male (U20)			10km	10km Wave 1	Event Wave 2	11:00
5268	Jacqui	Tudhope	Female	Female (40-49)	Llisbury Runners		10km	10km Wave 1	Event Wave 2	11:00
5814	Nicholas	Tyler	Male	Male (50-59)	Ledbury and Distri		10km	10km Wave 2	Event Wave 4	11:20
5269	Mica	Vincent	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5270	Adam	Wakley	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5271	Michael	Walker	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5273	Lisa	Watts	Female	Female (40-49)	Llisbury runners		10km	10km Wave 1	Event Wave 2	11:00
5274	Alan	Webb	Male	Male (70+)			10km	10km Wave 1	Event Wave 2	11:00
5277	John	Westlake	Male	Male (60-69)			10km	10km Wave 1	Event Wave 2	11:00
5275	Katie	Westlake	Female	Female (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5276	Melanie	Westlake	Female	Female (60-69)			10km	10km Wave 1	Event Wave 2	11:00
5278	Caroline	Whitlock	Female	Female (50-59)			10km	10km Wave 1	Event Wave 2	11:00
5815	David	Whitton	Male	Male (20-39)			10km	10km Wave 2	Event Wave 4	11:20
609	Peter	Whitton	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
610	Sam	whyman	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5279	Martyn	Winser	Male	Male (40-49)			10km	10km Wave 1	Event Wave 2	11:00
611	James	Wither	Male	Male (20-39)		Ruth Courtney	10km	10km Wave 3	Event Wave 4	11:20
5280	Adam	Woodward	Male	Male (20-39)			10km	10km Wave 1	Event Wave 2	11:00
5281	Lisa	Worgan	Female	Female (40-49)			10km	10km Wave 1	Event Wave 2	11:00
5282	Kerry	Wylde	Female	Female (60-69)			10km	10km Wave 1	Event Wave 2	11:00