Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	<b>Event Wave</b>	Start Time
4939	Lloyd	Adams	Male	Male (40-49)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
4940	Kieran	Adler	Male	Male (40-49)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
4941	Dylan	Anthony	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
4942	Mary	Anthony	Female	Female (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4943	Megan	Anthony	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4944	Harriet	Aston	Female	Female (70+)	Town and country		5km	5km Wave 1	Event Wave 3	11:10
4945	Steven	Axon	Male	Male (40-49)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
4946	Sarah	Baird	Female	Female (50-59)			5km	5km Wave 1	Event Wave 3	11:10
4947	Grace	Baker	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4948	Matthew	Banks	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4652	Claire	Batchelor	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4949	Emily	Bessant-Evans	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4950	Chloe	Bevis	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4951	Paul	Bird	Male	Male (50-59)	Colosseum Gym C		5km	5km Wave 1	Event Wave 3	11:10
4952	Andy	Bowsher	Male	Male (50-59)			5km	5km Wave 2	Event Wave 3	11:10
4953	Tom	Buckley	Male	Male (40-49)			5km	5km Wave 2	Event Wave 3	11:10
4676	Aaron	Burgess	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4954	Ricky	Cain	Male	Male (20-39)	Army of two		5km	5km Wave 1	Event Wave 3	11:10
4955	Scott	Cain	Male	Male (20-39)	Army of two		5km	5km Wave 1	Event Wave 3	11:10
4956	Laura	Charalampidis	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4957	Georgina	Charlesworth	Female	Female (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4767	Liam	Clark	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4958	Sam	Clement	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4959	Isaac	Cliff	Male	Junior Male (U20)			5km	5km Wave 2	Event Wave 3	11:10
4960	Martin	Cliff	Male	Male (50-59)			5km	5km Wave 2	Event Wave 3	11:10
4961	Oliver	Cliff	Male	Junior Male (U20)			5km	5km Wave 2	Event Wave 3	11:10
4962	Lily	Cole	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4963	Poppy	Cole	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4964	Liam	Cooper	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4965	Molly	Crow	Female	Female (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4966	Christopher	Currie	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4967	Terri	Dampier	Female	Female (20-39)			5km	5km Wave 2	Event Wave 3	11:10

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	<b>Event Wave</b>	Start Time
4975	Gracie	Davies	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4785	James	Davies	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4970	Jonathan	Davies	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4973	Julie	Davies	Female	Female (50-59)	Blue bits		5km	5km Wave 1	Event Wave 3	11:10
4969	Leighton	Davies	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4972	Leighton	Davies	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4968	Rhian	Davies	Female	Female (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4971	Tom	Davies	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4974	Tony	Davies	Male	Male (50-59)	Ross Runners		5km	5km Wave 1	Event Wave 3	11:10
4976	Stuart	Dent	Male	Male (50-59)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
4977	Catherine	Diffey	Female	Female (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4978	Aaron	Dowse	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4800	lan	Drew	Male	Male (50-59)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4979	Matilda	Driver	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4980	Emily	Edgeworth	Female	Female (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4981	Megan	Edwards	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4983	Paul	Edwards	Male	Male (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4982	Seren	Edwards	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4820	Martin	Ellis	Male	Male (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4818	Rob	Ellis	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4812	Vicky	Ellis	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4984	John	Faragher	Male	Male (50-59)	Blue Bits		5km	5km Wave 1	Event Wave 3	11:10
4985	Kaf	Faragher	Female	Female (60-69)	Blue Bits		5km	5km Wave 1	Event Wave 3	11:10
4823	Jessica	Farr	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4986	Brynn	Fernandez	Male	Junior Male (U20)	NUTS		5km	5km Wave 1	Event Wave 3	11:10
4826	Jessica	Formosa	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4987	Toby	Freuis	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4831	Lloyd	Gibbs	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4988	Maya	Gibbs	Female	Female (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4834	Grayson	Gibson	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4989	Silvia	Goss	Female	Female (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4990	Hannah	Gray	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	<b>Event Wave</b>	Start Time
4991	Vicki	Gray	Female	Female (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4992	Christine	Griffiths	Female	Female (60-69)	Blue Bits		5km	5km Wave 1	Event Wave 3	11:10
4993	Noah	Gruber	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
4994	Joshua	HAINES	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4995	Debbie	Hall	Female	Female (50-59)			5km	5km Wave 1	Event Wave 3	11:10
4996	Nicola	Harvey	Female	Female (40-49)			5km	5km Wave 2	Event Wave 3	11:10
4997	Maddie	Hester	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4998	Simon	Hicks	Male	Male (40-49)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
4999	Hayley	Holden	Female	Female (40-49)			5km	5km Wave 1	Event Wave 3	11:10
5000	Hamish	Howarth	Male	Junior Male (U20)	NUTS		5km	5km Wave 2	Event Wave 3	11:10
4848	Hayley	Huntley	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9513	Juan	Ibanez	Male	Male (20-39)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
9514	Matt	Iles	Male	Male (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4851	Craig	Johnson	Male	Male (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9520	Ollie	Jones	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
9525	Tom	Jones	Male	Male (20-39)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
9527	Yvonne Marie	Kershaw	Female	Female (50-59)			5km	5km Wave 1	Event Wave 3	11:10
9530	Emily	Killick	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
9529	Tom	Killick	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
9533	Amanda	King	Female	Female (40-49)			5km	5km Wave 2	Event Wave 3	11:10
9540	Rudy	Lamb	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
9542	Luke	Lovegrove	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
9547	Oliver	Lovegrove	Male	Male (40-49)			5km	5km Wave 1	Event Wave 3	11:10
4853	Julie	Lovering	Female	Female (50-59)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9549	Noah	Macarthur-Dave	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
9550	Zee	Major	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4854	Michelle	Malin	Female	Female (50-59)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9553	Andrew	Marchment	Male	Male (40-49)	Ocr wrongens		5km	5km Wave 1	Event Wave 3	11:10
9554	Caroline	Marchment	Female	Female (40-49)			5km	5km Wave 1	Event Wave 3	11:10
9556	Joan	Martin	Female	Female (50-59)	Ross Runners		5km	5km Wave 1	Event Wave 3	11:10
9559	Edward	Martin Palmer	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
4855	Gyula	Mayer	Male	Male (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	<b>Event Wave</b>	Start Time
4863	Rachel	Meiklejohn	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9563	Jane	Mesham	Female	Female (50-59)	Hereford Couriers		5km	5km Wave 1	Event Wave 3	11:10
9565	Milo	Meyer	Male	Junior Male (U20)			5km	5km Wave 2	Event Wave 3	11:10
9566	Patrick	Meyer	Male	Male (40-49)			5km	5km Wave 2	Event Wave 3	11:10
9572	Harry	Myland	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
4865	Michael	Nation	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4875	Alexander	Newman	Male	Male (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4878	Jordan	Owen	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9573	James	Patterson	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
9576	Mackenzie	Pattison	Male	Junior Male (U20)			5km	5km Wave 1	Event Wave 3	11:10
9584	Jake	Payne	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
9588	Laura	Powell	Female	Female (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4892	Nikita	Powell	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9590	Curtis	Price	Male	Male (20-39)	Chepstow Round		5km	5km Wave 1	Event Wave 3	11:10
4899	Jake	Rogers	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4895	Kieran	Rogers	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9594	Mathew	Salmon	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
9599	Carla	Sampson	Female	Female (20-39)			5km	5km Wave 1	Event Wave 3	11:10
4909	Louise	Searle	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9601	Sue	Shergold	Female	Female (50-59)	Ross Runners		5km	5km Wave 1	Event Wave 3	11:10
4912	Connor	Sinclair	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9605	Megan	Skirvin	Female	Female (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4913	Sheridan	Smith	Male	Male (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9608	William	Smith	Male	Male (40-49)			5km	5km Wave 2	Event Wave 3	11:10
4918	Paul	Stapleton	Male	Male (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4922	Chardonay	Stokes	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9609	Ariana	Sullivan	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4923	Julie	Tait	Female	Female (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9618	Brandon	Thomas	Male	Male (20-39)			5km	5km Wave 2	Event Wave 3	11:10
9611	Chloe	Thomas	Female	Female (20-39)			5km	5km Wave 2	Event Wave 3	11:10
4933	Amanda	Waddingham	Female	Female (50-59)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
4936	Andrew	Wason	Male	Male (60+)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10

Bib	First Name	Last Name	Gender	Category	Team	Group	Distance	Race Wave	<b>Event Wave</b>	Start Time
9619	Faye	Webb	Female	Junior Female (U20)			5km	5km Wave 1	Event Wave 3	11:10
4937	Victoria	Western	Female	Female (40-49)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9620	Stewart	White	Male	Male (40-49)			5km	5km Wave 2	Event Wave 3	11:10
4938	Megan	Wildman	Female	Female (20-39)		PTH Enterprise	5km	5km Wave 2	Event Wave 3	11:10
9621	Daniel	Williams	Male	Male (20-39)			5km	5km Wave 1	Event Wave 3	11:10
9622	Kit	Wimpory	Male	Junior Male (U20)			5km	5km Wave 2	Event Wave 3	11:10
9623	Ruth	Wimpory	Female	Female (40-49)			5km	5km Wave 2	Event Wave 3	11:10
9624	Soren	Wimpory	Male	Junior Male (U20)			5km	5km Wave 2	Event Wave 3	11:10
9625	Hesham	Zwawi	Male	Male (40-49)			5km	5km Wave 2	Event Wave 3	11:10
9626	Omar	Zwawi	Male	Male (40-49)			5km	5km Wave 2	Event Wave 3	11:10