

# Relish Running Races

## Westonbirt Arboretum Races – 23<sup>rd</sup> June 2024

Parking opens 06:45. Registration / Number collection from 07:10am.

Races start from 08:00am.

Westonbirt Arboretum, Westonbirt, Tetbury, GL8 8QS. W3W /// [monkey.booth.motored](http://monkey.booth.motored)

**On the Day Registrations** - Please see Schedule document for start times

1 Mile £9.50

5km £26

10km £31

Half Marathon £44

### Important Notices

- **Parking is £5/car payable to the arboretum. Parking / Spectator Passes can ONLY be purchased. If you purchased a Pass in advance please have this part of your confirmation / receipt ready for checking by the parking attendants once you have parked up. If you are unsure if you purchased parking, please check your name confirmation email or the race start lists. You can purchase additional parking passes online right up until race morning [here](#).**
- There is cycle racking available in the main car park (follow those signs, rather than the Relish Running Car Park signs)
- All paths used by the race are open to general visitors, we have the site to ourselves until 9am, and from then other members of the public will be on and crossing the trails we use for our event. Please make the event a success by being polite and courteous to the other users of these paths so that the race has a positive impact on everyone involved. Please stick to the left hand side at all times and stay in single file unless overtaking
- **Spectators have FREE access, only paying the parking charge, when they enter the arboretum before 9am. Spectators entering the arboretum after 9am will be asked to pay the [usual visitor ticket prices](#).**
- Please do not run with in ear, or over ear headphones as this is not permitted under UK Athletics rules. Only bone conducting headphones are permitted. This is very important so you can hear the marshals instructions, other users and traffic on the road crossing points. **If you do use in ear, or over ear headphones you will be disqualified.** Thank you for your understanding.



- It is expected that 5km/10km runners are self sufficient in terms of their water if possible as we are trying to minimise our environmental impact, though we have cups of water at every drinks station. We ask half marathon runners to run with their own water and refill at our drinks stations so you are well hydrated for the longer distances. There will of course be water for everyone at the finish.
- We are no longer offering bottled water at our drinks stations or at the finish line in an effort to reduce plastic waste. There will of course be biodegradable cups on offer for you at the drinks stations as well as water containers to refill your own water bottle at each drinks station. If you are racing a long distance event, we would encourage you to bring your own water supply for after the race, after a cup or two at the finish line.

## How to get to Westonbirt Arboretum

By Car – Westonbirt Arboretum, Westonbirt, Tetbury, GL8 8QS.

By Train – Kemble train station is 9 miles away and is the closest station to the arboretum.

## Spectators

Spectators are very welcome to attend, Westonbirt is a wonderful family day out! Spectators have FREE access, only paying the parking charge, when they enter the arboretum before 9am. Spectators entering the arboretum after 9am will be asked to pay the [usual visitor ticket prices](#).

## Race Registration

We are not posting out any numbers for this event, all numbers will be available to collect on the day. Number Collection opens from 07:10. Registration closes 5mins before the start of the final wave. Runners who register on the day (subject to availability) will be assigned to the one wave per distance which will be open to on the day sign ups.

**Please note it will not be possible to swap waves or to fit any runners into a wave once it is full or under any circumstances on the day. If you start in the incorrect wave you will be disqualified.**

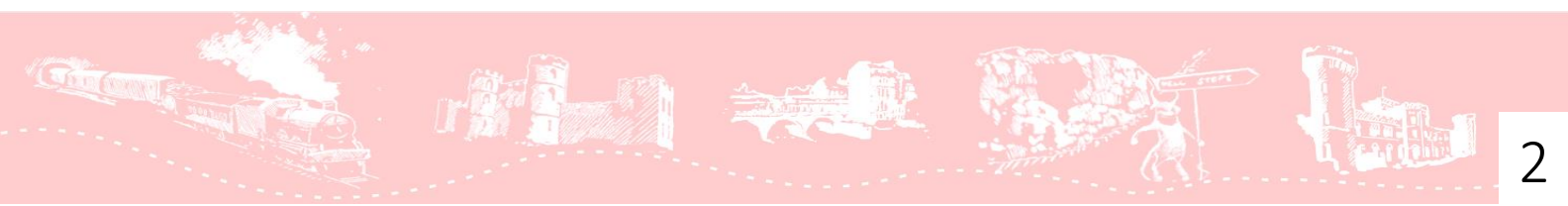
## Bag Storage

There is a manned bag storage gazebo, with limited space. If you can leave your bag in your car or with family or friends that would be preferable and save you time. Please fill out the luggage tag provided with your race number and event or use the tear off section at the bottom of your race number.

## Toilets

There are toilets as you enter Westonbirt in the main Welcome Building on your left hand side. There are also toilets in the main café, restaurant hub area, about 200m from the registration area – these will be less busy, so whilst a short walk away, these are your best bet.

## Catering



There is a huge selection of cafes and restaurants at Westonbirt, perfect for spectators, brunches and lunches. A small catering unit will be open when you enter the site. The main cafes and restaurants which are situated opposite the event area open from 09:30.

## Changing Tents

There are no changing tents at this race. Please come changed ready for the run. The bag drop area can look after your additional clothes and bags.

## Race Start Times – Final Schedule

To keep the runners spread out and to ensure the event works harmoniously with everyday users we are splitting up the events into the following waves. Below are suggested arrival times.

Numbers are collected according to Event Wave

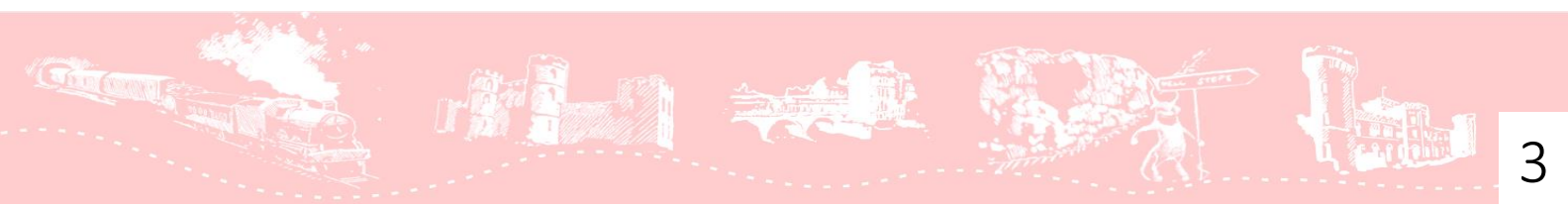
Event Wave	Race Wave	Register (approx)	Briefing	Start	Colour and Range	OTD?
1	Half - WAVE 1	07:00 - 07:15	07:55	08:00	Red 1 – 136	No
2	Half - WAVE 2	07:05 - 07:20	08:00	08:05	Red 137 – 303	No
3	Half - WAVE 3	07:10 - 07:25	08:05	08:10	Red 304 – 469	No
4	Half - WAVE 4	07:15 - 07:20	08:10	08:15	Red 470 – 582	Yes
5	1 Mile - All	07:20 - 07:35	08:15	08:20	Green 1801 – 1950	Yes
6	5km - All	07:20 - 07:35	08:25	08:30	Blue 1601 – 1800	Yes
7	10km - WAVE 1	07:30 - 07:45	08:35	08:40	Black 601 – 716 + 4575 - 4675	No
8	10km - WAVE 2	07:40 - 07:55	08:45	08:50	Black 717 – 804	Yes
9	10km - WAVE 3	07:45 - 08:00	08:55	09:00	Black 805 – 994	No
10	10km - WAVE 4	07:50 - 08:05	09:05	09:10	Black 995 – 1207	No
11	10km - WAVE 5	08:00 - 08:15	09:15	09:20	Black 1208 – 1438	No
12	10km - WAVE 6	08:10 - 08:25	09:25	09:30	Black 1439 – 1600 + 4504 - 4574	No

## Notes

OTD? = Places available on the day, on a first come first served basis.

## Race Briefing

There will be a briefing ahead of each wave start at the start line.





## Distance Markers and GPS Route Measurements

GPS watches may struggle with the heavily tree lined area so you can expect some small differences in measurements. All our courses at Westonbirt are the correct distance.

### Course Markers

All our race routes are marked with the same fairly standard Run Route arrows and lots of red flags throughout the route, our Red and White run arrows, and white and red relish running branded tape hanging from trees. You should be able to see one course marking or another continuously as you go around the course.



Large signs, and our marshal team, will direct the runners around the different courses based on your race number colour so please make sure that is visible and pinned to your front and keep an eye out for the giant signs! This is a very popular event so the marshals will assist you, but you need to be sure you following the correct route and not just the feet in front of you 😊



## Half Marathon Distance Markers

The Half Marathon is traditionally measured in Miles, so we chose distance markers in Miles to represent the Half Marathon races.



The **Yellow Mile Distance Markers** are for the **Half Marathon**. You should expect to see all distance markers.

**10km**

As this is a metric event, so are their distance markers.



The **Yellow KM Distance Markers** are for the **10km**. You should expect to see all distance markers

**5km**

As this is a metric event, so are their distance markers.



The **Blue KM Distance Markers** are for the **5km**. You should expect to see 1km, 2km, 3km and 4km markers out on the course.

## Route Descriptions

### 1 Mile Fun Run

#### > 1 loop course

This is a single lap course through the old arboretum. Parents are encouraged to accompany, free of charge. We only ask parents to register and pay if you wish to collect your own finishers medal. All children will of course collect a finisher's medal

### 5km Brief Route Description

#### > 1 loop course

After 300m runners turn right and run along the main arboretum drive (other routes go straight) please stick to the left hand side on the road. Next up is the beautiful old arboretum for the main body of the run before a closing lap of the main event area to bring you round to the finish.



## 10km Brief Route Description

### > 1 loop course

The 10km is a single loop course, through the new and old sections of the arboretum. The route is largely flat, aside from a little rise and fall about 500m in to enter the new arboretum, and again at approx. 5.5km when the route moves across a little valley to head into the old arboretum.

## Half Marathon Brief Route Description

### > 2 loop course

The route is largely flat, aside from a little rise and fall about 500m in to enter the new arboretum, and again at approx. 5.5km when the route moves across a little valley to head into the old arboretum.

The half marathon splits from the 10km route, to complete your bonus distance mid lap, comes at ~4.2km where you go straight on as the 10km runners go left. Shortly after running the 500m bonus loop, you will rejoin the 10km runners.

As you approach the finish area after your first lap, stay on the main stone path to start your second lap. You don't peel off to run under the finish gantry. Upon completion of your second lap, then you cross the finish line.

## Feast Stations

The Feed Stations will have water and electrolyte drink if the temperature is above 25 degrees. There will be a wide selection of snacks, tribe bars (GF, DF, vegan) on offer at the feed stations.

There are 1 drinks station on the 5km, 1 drinks station on the 10km and 3 drinks stations on the Half Marathon.

There will be more treats available for all runners at the finish line.

## First Aid

There is a First Aider at each Feed Station as well as the Finish. If you do not feel able to complete the course or if you feel unwell please stop at your nearest Feed Station and we will arrange for you to be returned to the Start/Finish area.

## Finish

After the race all runners will be awarded a medal and will be provided with a buffet of sweet tasty treats as provided at all our feed stations.

## Medals

Our interlocking jigsaw medals link together with medals from all our other 2024 races so you can build to it and create your own giant medal.

## Race Photos

Professional race photos are available to purchase from [Blowfish Photography](#), you can search quickly using your race number or by uploading a selfie. You can register now to hear when your photos are up!



Photos are added to their site within 48hrs of the event and there is a 10% discount automatically applied on all purchases made with the first 48hrs of the photos going on sale.

## Results

[PROVISIONAL Results](#) will be posted to our website at roughly 18:00 on race day. We will make any amends / updates from Tuesday. We record your finish time under the finish gantry and bib (race number) at the end of the finish funnel. If you escape the finish funnel then we can not record a finish time for you.

If you are unable to complete the distance for your event, you do not need to cross the finish line. However if you do, please let the timing team at the far end of the funnel know that you have dropped out.

Please only cross the finish line once. If you cross the finish line twice, with friends or family in later waves, it creates lots of confusion as we end up with two results for you!

## Prizes

There will be prizes for the 5km, 10km and Half Marathon. There are no winners' prizes for the fun run. The number of prizes awarded will depend on the number of finishers.

There are no on the day prize giving due to the large number of waves and the time intervals between waves. Prize winners will be contacted the week after the race by email.

## Save the Date!

We look forward to returning to Westonbirt in June / July 2025! Date to follow in a month or so

