

Relish Running Races

Wye Valley Tunnel Run – 21st July 2024

Final Schedule

Parking opens at 08:00. Number Collection opens at 08:30

Race Start Times

To keep the runners spread out and to allow the tunnel to remain open to everyday users we are splitting up the events into the following waves. Below are suggested arrival times.

Event Wave	Race Wave	Arrive Race HQ	Briefing	Start	Colour	OTD?	Change Distance
Colour	500m Colourburst	08:35 - 08:50	09:00	09:10	Cloud	Yes	Yes
Colour	2km Colourburst	08:35 - 08:50	09:00	09:10	Cloud	Yes	Yes
E. Wave 1	Station Half - WAVE 1	09:00 - 09:10	09:50	10:00	Dark Blue 4000s	No	No
E. Wave 2	Marathon (All)	09:05 – 09:15	10:00	10:05	Black	No	Yes
E. Wave 3	Valley Half - WAVE 1,2	09:20 - 09:30	10:10	10:20	Light Blue	No	Yes
E. Wave 4	Station Half - WAVE 2	09:30 - 09:40	10:20	10:30	Dark Blue 9000s	No	Yes
E. Wave 5	Valley 10km - WAVE 1,2	09:45 – 09:55	10:35	10:45	Red	No	No
E. Wave 6	Valley 10km - WAVE 3	09:55 – 10:05	10:45	10:55	Yellow	No	No
E. Wave 7	Valley 10km - WAVE 4	10:05 – 10:15	10:55	11:05	Orange	No	No
E. Wave 8	Valley 10km - WAVE 5	10:15 – 10:25	11:05	11:15	Green	No	No
E. Wave 9	Valley 10km - WAVE 6	10:25 – 10:35	11:15	11:25	Pink	No	Yes

Notes

OTD? – New on the day sign ups

Change Distance – Pre existing sign ups changing distance on the day

Please allow 15mins to park up and walk over to Registration. We suggest allowing at least 50-60mins to collect your number, go to the loo etc and maybe grab a coffee to start your day. The Race briefing takes place at the start line, with a briefing before each wave.

Results will be posted online by 18:00. There are no winner's prizes for the Colourburst. Prize winners for the other races will be contacted by email by the end of the week.

