

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
4197	Michael	Adams	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4213	Tom	Alexander	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4248	Henry John	Allingham	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9001	Christo	Archer	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4252	Johnny	Bailey	Male	Male (40-49)	Wroughton whippets	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4254	Susie	Bannon	Female	Female (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4265	Camilla	Bates	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4266	Dirk	Baynham	Male	Male (50-59)	Dudley Kingswinford	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9002	Malcolm	Beddall	Male	Male (60-69)	Dudley Kingswinford Running	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9003	Robin	Bell	Male	Male (40-49)	Caldicot Running Club	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9004	Christian	Bell	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9005	Christopher	Benjamin	Male	Male (50-59)	Almost Athletes	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4268	Mark	Best	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4281	Gareth	Beynon	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9006	Charlotte	Blackwood	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4287	Chloe	Blake-Steele	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4291	Nicholas	Blake-Steele	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4297	Jenny	Bond	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9007	Helen	Boulby	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9008	Charlie	Bourne	Male	Junior Male (U20)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9009	Greg	Boys	Male	Male (50-59)	Cheltenham running club	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4309	Lizzie	Bradshaw	Female	Female (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9010	Craig	Brett	Male	Male (50-59)	Slinn Allstars	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4324	Isabel	Brinsden	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4338	Hannah	Brown	Female	Female (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9011	James	Bull	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9012	Jan	Burbie	Female	Female (60-69)	Dudley Kingswinford	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9013	Kimberley	Butler	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4343	Ashley	Burton	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9014	Ingrid Mary	Cain	Female	Female (60-69)	DK Running Club	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9015	John	Calvey	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9016	Margot	Carpe	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
4353	Pete	Campbell	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9017	Simeon	Castle	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4366	James	Carter	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9018	Karen	Clinton	Female	Female (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4368	Darren	Cattle	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4369	Thomas	Chatterton	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4370	Gabriel	Cismondi	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4371	Tim	Clarke	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9019	Mark	Coley	Male	Male (40-49)	Dudley Kingswinford	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9020	Fred	Conridge	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9021	Chris	Cooper	Male	Male (50-59)	Alex b Run Club	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4372	Philip	Cooley	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9022	Stephanie	Cox	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4373	Tom	Cowling	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4374	Dylan	Cowling	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9023	Hannah	Cryer	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9024	George	Culbert	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9025	Lee	Davies	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4375	Neil	Cutler	Male	Male (60-69)	Slinn Allstars	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4376	Alex	Dart	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4377	Luke	Davies	Male	Male (20-39)	Back to roots	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4378	Daniel	Davies	Male	Male (50-59)	Westbury Harriers	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9026	Mathew	Dobbie	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4379	Tom	Dennison	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9027	Marius	Dumitrescu	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9028	Mark	Eagleton	Male	Male (60-69)	Fuddy Muckers	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4380	Christelle	DUMOND	Female	Female (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9029	Kieron	Fletcher	Male	Male (20-39)	Pontypridd Roadents	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4381	Luke	Ellis	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4382	Georgina	Evans	Female	Female (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4383	Jeanne	Fairs	Female	Female (60-69)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4384	Wayne	Farnham	Male	Male (50-59)	Caldicot running club	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00

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9030	Michael	Fletcher	Male	Male (20-39)	Pontypridd Roadents AC	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9031	Connor	Folland	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4385	Daniel	Flett	Male	Male (20-39)	University of Bristol	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9032	Francesca	Forino	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9033	Martyn	Frost	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4386	Nicola	Fowles	Female	Female (50-59)	Cotswold Allrunners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9034	Helen	Frost	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9035	Alan	Garrett	Male	Male (70+)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4387	Anne-Marie	Garrett	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9036	Rebekah	Gibson Nagle	Female	Female (20-39)		Tintern Station Half	Station Half Wave 3	Event Wave 4	10:30
9037	Thomas	Gilmour	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9038	Chantelle	Green	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9039	Kate	Green	Female	Female (50-59)	Wye Valley Runners	Tintern Station Half	Station Half Wave 3	Event Wave 4	10:30
9040	Joanna	Harding	Female	Female (20-39)	Emersons Green Running Cl	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4388	Dean	Gudgeon	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4389	Jeanette	Gullick	Female	Female (50-59)	Almost Athletes	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4390	Mabel	Halliday	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9041	Kath	Hardwick	Female	Female (40-49)	Wye valley runners	Tintern Station Half	Station Half Wave 3	Event Wave 4	10:30
9042	Grace	Hargreaves	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9043	Teresa	Harris	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4391	Richard	Harris	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9044	Julie	Heaton	Female	Female (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4392	Fiona	Hayles	Female	Female (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4393	Ross	Haywood	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4394	Tom	Head	Male	Male (60-69)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9045	Evangelina	Hogan	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4395	Paul	Hogan	Male	Male (60-69)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9046	Connie	Hogan	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9047	Ben	Hogg	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9048	Jessica	Horner-Haug	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4396	Dave	Hollin	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9049	Abbie Vanessa	Hughes	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
4397	Abigail	Hucker	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9050	Faye	Hussey	Female	Female (60-69)	FIT2rRuN	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9051	Jon	Jacobs	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9052	Ben	Jennison-phill	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9053	Paul	Jones	Male	Male (50-59)	Almost Athletes	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4398	Matt	John	Male	Male (20-39)	Almost Athletes	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9054	Billy	Jones	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4399	Hedd	Jones	Male	Male (40-49)	Wye Valley Runners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9055	Avegail	Jubilado	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9056	Sarah	Knight	Female	Female (50-59)	DK running club	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4400	Claire	Kane	Female	Female (40-49)	Cotswold Allrunners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4401	John	Kerry	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4402	Abigail	Keyte	Female	Female (20-39)	Isle of Wight Road Runners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4403	Tim	Keyte	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4404	Andrew	Kiddier	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9057	Sarah	Lake	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4405	Julie	Knill	Female	Female (50-59)	Wye Valley Runners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9058	Sarah	Lees	Female	Female (50-59)	Penarth and Dinas runners	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4406	Robert	Langford	Male	Male (50-59)	Dudley Kingswinford	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4407	Steve	Lebourn	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9059	Julie	Lewis	Female	Female (50-59)	DK RUNNING CLUB	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4408	Yu Peng Rayn	Lew	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9060	Julie	Look	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4409	Gareth	Lewis	Male	Male (60-69)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9061	Ed	Look	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9062	Amelia	Louth	Female	Female (20-39)	Wye valley runners	Tintern Station Half	Station Half Wave 3	Event Wave 4	10:30
9063	Sanne	Lugthart	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4410	Teresa	Lovern	Female	Female (60-69)	Somer AC	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4411	Bekki	Lowe	Female	Female (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9064	Iran	Mansouri	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4412	Lara	Manrique Ran	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9065	William	Mardle	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
9066	Abbie	Marks	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4413	Jon	Margetts	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9067	Jacqueline	Marks	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9068	Mark	Marshall	Male	Male (50-59)	Wye Valley Runners	Tintern Station Half	Station Half Wave 3	Event Wave 4	10:30
4414	Philippa	Marley	Female	Female (20-39)	Cotswold Allrunners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9069	Tim	Masters	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9070	David	Mcallister	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4415	Jo	Maxwell	Female	Female (40-49)	Thornbury Running Club	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4416	Caroline	McAleese	Female	Female (40-49)	Vegan Runners UK	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9071	Charles	Mccausland	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9072	Patrick	McQueen	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4417	Cara	McLean	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9073	Rachel	Michael	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9074	Geoff	Milne	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9075	Emma	Morgan	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4418	Dan	Monk	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4419	Andrew	Moore	Male	Male (40-49)	Hillsborough & Rivelin Running	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4420	Joseph	Mordey	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9076	George	Morris	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9077	dan	murphy	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4421	Gwinyai	Mparutsa	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4422	Nicholas	Murphy	Male	Male (20-39)	Dudley kingswinford running	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9078	Anita	Naik	FEMALE	Female (20-29)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9079	Alice	Neale	Female	Junior Female (U20)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4423	Ryan	Nash	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4424	Michael	Nash	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9080	Victoria	Newman	Female	Female (20-39)	Dudley Kingswinford Running	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4425	Joe	New	Male	Male (20-39)	Bristol Fronrunners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9081	Catherine	Norris	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9082	John	Pares	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4426	Joshua	O'Donovan	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4427	Stuart	Pares	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00

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9083	CHRISTOPHER	PEARCE-WE	Male	Male (60-69)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4428	Richard Parke	Parker	Male	Male (40-49)	Fordy runs	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4429	Ian	Parker	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4430	Rachel	Pearce	Female	Female (40-49)	Cotswold allrunners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9084	James	Phillips	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4431	Ryan	Peek	Male	Male (40-49)	Vegan Runners UK	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4432	Megan	Phillips	Female	Female (20-39)	Dudley Kingswinford Running	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9085	Heulwen	Philpot	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9086	Jak	Poolman	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4433	Tony	Pilling	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9087	Samuel	Rees-Davies	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4434	Willis	Poon	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4435	Emlyn	Pratt	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4436	Shane	Prideaux	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4437	Philip	Pryor	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4438	Jane	Pugh	Female	Female (50-59)	Dudley Kingwinford RC	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4439	Christine	Ramsey-Wade	Female	Female (40-49)	Vegan Runners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4440	Tom	Reay	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9088	Neil	Reeves	Male	Male (40-49)	Eynsham Road Runners	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4441	Shaama	Reese	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9089	Lily	Robinson	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4442	Kevin	Richardson	Male	Male (60-69)	Lonely Goat	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4443	Jack	Riley	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4444	Stuart	Robertson	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9090	Harry	Scott	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4445	David	Round	Male	Male (40-49)	Dudley Kingswinford RC	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4446	Tegan	Rowlands	Female	Junior Female (U20)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4447	Sven	Saraga	Male	Male (20-39)	LHG Run Club	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9091	Nick	Sendall	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9092	Kelly	Sherriff	Female	Female (40-49)	Burnham on Sea Harriers	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9093	Karen	Skinley	Female	Female (50-59)	Pencoed Panthers	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9094	Ryan	Spencer	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30

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4448	Clair	Sparkes	Female	Female (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4449	Ellie	Spawton	Female	Female (20-39)	Lonely Goat RC	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4450	Andrew	Spencer	Male	Male (60-69)	Griffithstown Harriers	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9095	Shaun	Stanley	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4451	Owen	Staddon	Male	Male (20-39)	Caldicot Running Club	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9096	Liz	Sweet	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4452	Jake	Stephens	Male	Male (20-39)	Vegan Runners UK	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4453	Alison	Stewart	Female	Female (50-59)	SE Fitness	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4454	Graeme	Stopp	Male	Male (40-49)	Almost Athletes	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9097	Zak	Tamlyn	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9098	Rhiannon	Taylor	Female	Female (40-49)	North Bristol Running Group	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9099	Andy	Tripp	Male	Male (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4455	Jeremy	Taylor	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4456	Andrew	Telford	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4457	Sarah	Thompson	Female	Female (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9100	Eluned	Tunnard-Gard	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9101	Shelley	Van Der Berg	Female	Female (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4458	Catherine	Turner	Female	Female (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9102	Kirsten	Van Der Linde	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9103	David	Vernalls	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9104	Michelle	Walkey	Female	Female (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9105	Beverley	Warburton	Female	Female (60-69)	Penarth and Dinas Runners	Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4459	Michael	Wallace	Male	Male (40-49)	Newent Runners	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9106	Lukas	Webb	Male	Male (50-59)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4460	Simon	Warren	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4461	ANDREW	WEAVER	Male	Male (60-69)	Dudley Kingswinford	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9107	Mau	Wehrmeyer	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9108	Julie	Whitehouse	Female	Female (50-59)	Wye Valley Runners	Tintern Station Half	Station Half Wave 3	Event Wave 4	10:30
4462	Fions	Weidberg	Female	Female (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4463	Simon	Wentworth	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9109	Matthew	Willis	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4464	Andrew	Williams	Male	Male (40-49)	Southville	Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
9110	Kirsty	Willows	Female	Female (40-49)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
9111	Jacob	Wilson	Male	Male (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4465	Ian	Wills	Male	Male (50-59)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
9112	Stephanie	Budd	Female	Female (20-39)		Tintern Station Half	Station Half Wave 2	Event Wave 4	10:30
4466	Jamie	Worsfold	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4467	Colin	Wright	Male	Male (20-39)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00
4468	Tim	Young	Male	Male (40-49)		Tintern Station Half	Station Half Wave 1	Event Wave 1	10:00