

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5001	Azriel	Abramovich	Male	Male (50-59)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
1000	Simon	Agass	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7004	Luke	Ahrens	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7009	Rob	Aldous	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7010	Beth	Aldous	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7014	David	Allen	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7015	Alexandra	Allen	Female	Junior Female (U20)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7018	Sarah	Almond	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7022	Susan	Amatiello	Female	Female (50-59)	Lonely Goat Running Club	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7025	Pasco	Amatiello	Male	Male (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7026	Daniel	Amatiello	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3001	Anton	Andersen	Male	Male (60-69)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7032	Sharon	Andrews-jones	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
999	Odelle	Ashman	Female	Female (50-59)	Flo & Co	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5002	Geoff	Astle	Male	Male (50-59)	Blaise Runners	Valley View 10km	10km Wave 1	Event Wave 5	10:45
998	Gordon	Astley-Cooper	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5003	Joe	Atkinson	Male	Male (20-39)	Guildford and Godalming Ath	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5004	Brenda	Avery	Female	Female (70+)	Chepstow Harriers	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3002	Amy	Badman	Female	Female (40-49)	Flo & Co	Valley View 10km	10km Wave 5	Event Wave 8	11:15
997	Yola	Bailey	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5005	George	Baldwin	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5006	Samuel	Baldwin	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
996	Sophie	Ball	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3003	Lorna	Banham	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
995	Cat	Barber	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
994	Maxine	Barker	Female	Female (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3004	Natasha	Barnes	Female	Female (20-39)	No excuses	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5007	Ryan	Barrett	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
993	Madeleine	Barton	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5549	Angela	Beard	Female	Female (50-59)	Run-Forest-Run	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5008	Chrissy	Beasley	Female	Female (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5009	Aaron	Beckett	Male	Male (40-49)	Bristol Trail Runners	Valley View 10km	10km Wave 2	Event Wave 5	10:45

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5010	Jon	Bedbrook	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5011	Laura	Bennett	Female	Female (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5012	Cam	Besant	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5013	Ainsley	Besant	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5014	Ellie	Best	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
7063	Kate	Bestwick	Female	Female (40-49)	Almost Athletes	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3005	Rob	Bickel	Male	Male (50-59)	Griffithstown Harriers	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7066	Fara	Bignell	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5015	Brian	Billington	Male	Male (50-59)	Hungerford Hares	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3006	Graham	Bingham	Male	Male (50-59)	Roberttown Roadrunners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5550	John	Biss	Male	Male (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5551	Catherine	Blackmore	Female	Female (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
7070	Richard	Blewitt	Male	Male (60-69)	DK Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5016	Hollie	Bolt	Female	Female (20-39)	Spirit of Monmouth	Valley View 10km	10km Wave 1	Event Wave 5	10:45
992	Clare	Bone	Female	Female (50-59)	Almost Athletes	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7077	Peter	Bonvoisin	Male	Male (20-39)	Ferrets	Valley View 10km	10km Wave 4	Event Wave 7	11:05
991	Lisa	Bottomley	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3007	David	Braithwaite	Male	Male (70+)	Southville Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3008	Stacey	Britton	Female	Female (40-49)	Emersons green running club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
990	Danni	Broadman	Female	Female (40-49)	Kingsway Runners	Valley View 10km	10km Wave 3	Event Wave 6	10:55
989	Chris	Brolan	Male	Male (20-39)	Lonely Goat	Valley View 10km	10km Wave 3	Event Wave 6	10:55
988	Kirsty	Brook	Female	Female (20-39)	Dudley Kingswinford RC	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5017	Aimee	Brookes	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3009	Sharon	Brotherton	Female	Female (40-49)	Dudley Kingswinford Running	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5018	Alison	Brown	Female	Female (60-69)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
987	Gareth	Brown	Male	Male (40-49)	Brown Davies Running Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
986	Richard	Brown	Male	Male (70+)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7083	Charlotte	Brown	Female	Female (50-59)	Spirit of Monmouth Running	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3010	Hannah	Brown	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3011	Catherine	Brown	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5019	Terry	Browning	Male	Male (50-59)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
985	Sarah	Bruce	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
984	Richard	Brunsdon	Male	Male (40-49)	Flo & Co	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5020	Helen	Buckingham	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5552	Helen	Buckingham	Female	Female (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
983	Katrina	Buften	Female	Female (50-59)	Burnham on Sea Harriers	Valley View 10km	10km Wave 3	Event Wave 6	10:55
982	Vanessa	Burley	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3012	Joanne	Burston	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7084	Emma	Burton	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
981	Gayle	Bussey	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5021	Nigel	Butler	Male	Male (60-69)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
3013	Christian	Cabble	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
980	Milena	Callies	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
979	Emilio	Callies	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5022	Rory	Campbell	Male	Male (60-69)	Dudley kingswinford	Valley View 10km	10km Wave 2	Event Wave 5	10:45
978	Jane	Campbell	Female	Female (60-69)	Dudley Kingswinford RC	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5023	Sarah	Carew	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5553	Annabelle	Carlson	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5024	Scott	Carpenter	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
977	Charlotte	Carter	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7085	SANDRA	CARTER	Female	Female (50-59)	Run-Forest-Run	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3014	Rosie	Carter	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3015	Victoria	Carter	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5025	Rebecca	Carver	Female	Female (20-39)	Mendip Triathlon and Running	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3016	Dianne	Castree	Female	Female (60-69)	Dudley Kingswinford Running	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3017	Michelle	Cave	Female	Female (40-49)	Nailsea Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3018	Carol	Caveney	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7086	Anna	Chappell	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3019	Nichola	Chappell	Female	Female (40-49)	Southville Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
976	Hayley	Chick	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7087	Nick	Chinn	Male	Male (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3020	Donna	Chiu	Female	Female (40-49)	Caldicot running club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7088	Helen	Chivers	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5554	Paula	Church	Female	Female (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5026	Grace	Clark	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7089	Kath	Clark	Female	Female (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
975	Laura	Clarke	Female	Female (20-39)	Queen Square Run Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
974	Jess	Clifford	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7090	Michael	Coggins	Male	Male (60-69)	Daventry Road Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5027	Jack	Cole	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
973	Katie	Coleman	Female	Female (40-49)	Almost Athletes	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3021	David	Colley	Male	Male (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5028	Kathryn	Collins	Female	Female (20-39)	Llisbury Runners	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5029	Rory	Collins	Male	Junior Male (U20)	Llisbury runners	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3022	Sophie	Colthart	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
972	Karen	Cooke	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5030	Aaron	Coombes	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
971	Corinne	Cooper	Female	Female (40-49)	Almost Athletes	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3023	Amanda	Cooper	Female	Female (60-69)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7091	Sadie	Cooper-Davie	Female	Female (40-49)	Newent Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3024	Rachael	Cooper-Davie	Female	Female (40-49)	Newent Runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
970	Becky	Cornock	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
969	Robert	Cornock	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3025	Deborah	Corrall	Female	Female (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3026	Abi	Coveney	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5555	Samantha	Cox	Female	Female (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
3027	Jayne	Cresswell	Female	Female (50-59)	Ledbury Harriers	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5031	Michelle	Cutler	Female	Female (50-59)	Slinn Allstars	Valley View 10km	10km Wave 1	Event Wave 5	10:45
968	Paul	Damms	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
967	Alicia	Davidson	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7092	Anne	Davidson	Female	Female (60-69)	Dorking & Mole Valley AC	Valley View 10km	10km Wave 4	Event Wave 7	11:05
966	Darren	Davies	Male	Male (40-49)	#noexcuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
965	Ceinwen	Davies	Female	Female (40-49)	Almost athletes	Valley View 10km	10km Wave 3	Event Wave 6	10:55
964	Liam	Davies	Male	Male (20-39)	Brown Davies Running Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3028	Caragh	Davies	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3029	Hannah	Davies	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
3030	Linda	Davies	Female	Female (70+)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5556	Bernadette	Davies	Female	Female (50-59)	Newent runner	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5557	Bernadette	Davies	Female	Female (50-59)	Newent Runners	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5558	Sue	Davis	Female	Female (50-59)	Calne Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7093	Susannah	Deane	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5032	Tina-Marie	Delaney	Female	Female (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
963	Natalie	Dibartolo	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5033	Max	Dibden	Male	Male (60-69)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5034	Lewis	Dickenson	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
962	Kerrie	Dodd	Female	Female (40-49)	#NoExcuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5035	Lee	Dodimead	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
961	Bianca	Dowd-Hanson	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7094	Rosie	Down	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5036	Josie	Duggan	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3031	Lynn	Dunbar	Female	Female (60-69)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3032	Ryan	Duncan	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3033	Sian	Duncan	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5037	Laura	Dunn	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
960	Maria	Dunn	Female	Female (40-49)	Dudley Kingswinford Running	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3034	Ailidh	Durie	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5038	Grant	Dyer	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5039	Karen	Dyson	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7095	Fionnuala	Earley	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
959	James	Eaton	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3035	Michelle	Edgell	Female	Female (50-59)	FLO&CO	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7096	Ray	Edwards	Male	Male (70+)	Plumstead Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3036	Helen	Edwards	Female	Female (60-69)	Dudley Kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3037	Pamela	Edwards	Female	Female (20-39)	Dudley Kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5040	Jamie	Emerson	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5041	Martin	Evans	Male	Male (60-69)	Bristol Orienteering Klub	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3038	Cathryn	Evans	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3039	Sara	Evans	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15

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5559	Ros	Eyles	Female	Female (50-59)	Hungerford Hares	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5042	Andrew	Fisher	Male	Male (50-59)	Hereford Tri	Valley View 10km	10km Wave 1	Event Wave 5	10:45
7097	Michael	Flatley	Male	Male (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3040	Paula	Flatman	Female	Female (40-49)	Dk running club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
958	Karen	Flint	Female	Female (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 3	Event Wave 6	10:55
957	Jenny	Ford	Female	Female (40-49)	PAC-Tri	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7098	Rhian	Ford	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3041	Stacey	Ford	Female	Female (40-49)	Flo&co	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7099	Merv	Fowler	Male	Male (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7100	Lewis	Fowler	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7101	Ryan	Fowler	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
956	Amanda	Francis	Female	Female (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3042	Jodie	Franklin	Female	Female (40-49)	DK Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5043	Sarah	Froud	Female	Female (40-49)	Pegasus RC	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5044	Clare	Gabriel	Female	Female (50-59)	Black Pear Joggers	Valley View 10km	10km Wave 2	Event Wave 5	10:45
955	Anna	Gajkowska	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
953	Cerys	Gambold	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
954	Ieuan	Gambold	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5045	Matthew	Garner	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
7102	Alison	Garrett	Female	Female (70+)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7103	Julie	Gee	Female	Female (50-59)	Spirit of Monmouth	Valley View 10km	10km Wave 4	Event Wave 7	11:05
952	Stuart	Gibbs	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
951	Mathew	Gibson	Male	Male (40-49)	NoExcuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
950	Luci	Gibson	Female	Female (40-49)	NoExcuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7104	James	Giddings	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3043	Kerri	Gittings	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
949	Julie	Glyn-Jones	Female	Female (50-59)	Spirit of Monmouth	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7105	Joe	Gobbin	Male	Male (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5046	Esther	Godden	Female	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7106	Eva	Goodhead	Female	Female (50-59)	Lonely Goat AC	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7107	Chris	Gordon	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
948	Andrea	Goude	Female	Female (50-59)	Portishead Running Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55

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3044	Anna	Gow	Female	Female (50-59)	Nailsea Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
947	Pamela	Grantham	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
946	Debbie	Green	Female	Female (50-59)	Forest of Dean AC	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7108	Juliet	Green	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5560	Sophie	Green	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
3045	Janine	Greening	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
945	Alex	Greenwood	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5561	Clive	Gregory	Male	Male (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5047	David	Gresswell	Male	Male (50-59)	Gloucester AC	Valley View 10km	10km Wave 1	Event Wave 5	10:45
944	Christopher	Griffiths	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
943	Lori-Leah	Griffiths	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
942	Michaela	Grogan	Female	Female (20-39)	#noexcuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
941	Hannah	Hainsworth	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5048	Michael	Hall	Male	Male (40-49)	Gloucester AC	Valley View 10km	10km Wave 1	Event Wave 5	10:45
940	Ben	Hall	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7109	Vicki	Hall	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
939	Nikki	Hamilton	Female	Female (20-39)	Flo and Co	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3046	Rossanne	Hamilton	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
938	Jessica	Harper	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3047	Sam	Harris	Female	Female (50-59)	Flo&co	Valley View 10km	10km Wave 5	Event Wave 8	11:15
937	Philip	Harrison	Male	Male (70+)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7110	George	Harrold	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7111	Robyn	Harrold	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5049	Mark	Harvey	Male	Male (60-69)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
936	Gillian	Harvey	Female	Female (50-59)	Flo & Co	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7112	Claire	Hatherell	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5050	Lisa	Hawker	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5562	Christine	Hawkins	Female	Female (40-49)	Caldicot Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7113	Caitlin	Hayes	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3048	Lesley	Haynes	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7114	John	Hickman	Male	Male (60-69)	Caerphilly Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3049	Louise	Hickman	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5563	Dave	Hider	Male	Female (50-59)	Wye Valley Runners	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5051	Ian	Hierons	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
935	Alison	Higgins	Female	Female (40-49)	Black Pear Joggers	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5564	Tracy	Higgins	Female	Female (50-59)	Brecon Athletics Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
3050	Emily	Higginson	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5052	Josh	Hignell	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5565	Laura	Hinchliffe	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
934	Andrew	Hitch	Male	Male (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5053	Luke	Hobden	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
3051	Ebony	Holland	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5054	Rhodri	Hopkins	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
933	Abbie	Horning	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5055	Matt	Hosanee	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5056	Katie	Howell	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
932	Chris	Howell	Male	Male (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5057	Terry	Hucker	Female	Female (60-69)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5566	Katie	Hudd	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
7115	Oliver	Hughes	Female	Male (20-39)	Ferrets	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5567	Heather	Hughes	Female	Female (40-49)	Brecon Athletic	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5568	Matthew	Hunt	Male	Male (50-59)	Portishead Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
931	Emma	Hunter	Female	Female (40-49)	Flo & Co	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3052	Sally	Husselbee	Female	Female (40-49)	Dudley Kingswinford RC	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7116	Karen	Huxtable	Female	Female (50-59)	DKRC	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5058	Barry	Irvine	Male	Male (50-59)	Almost Athletes	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5059	Bethan	Jackson	Female	Female (20-39)	Lliswerry harriers	Valley View 10km	10km Wave 2	Event Wave 5	10:45
3053	Chris	Jackson	Male	Male (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
930	Karen	James	Female	Female (40-49)	Dudley Kingswinford	Valley View 10km	10km Wave 3	Event Wave 6	10:55
929	Annie	James	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5060	Fiona	Janowicz	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5061	David	Janowicz	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
928	Edward	Jeffries	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5062	Caz	Jellard	Female	Female (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
927	Emily	Jenkins	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3054	Lianna	Jewell	Female	Female (40-49)	Parc Bryn Bach Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5063	Joanne	Johnson	Female	Female (40-49)	Almost Athletes	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5064	John	Johnson	Male	Male (40-49)	Almost Athletes	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5065	Nicola	Johnson	Female	Female (60-69)	AVR	Valley View 10km	10km Wave 1	Event Wave 5	10:45
926	John	Johnstone	Male	Male (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
925	A	Jones	Female	Female (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
924	Michael	Jones	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7117	Mathew	Jones	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3055	Mari	Jones	Female	Junior Female (U20)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
923	Margaret	Joseph	Female	Female (20-39)	Porthcawl Runners	Valley View 10km	10km Wave 3	Event Wave 6	10:55
922	Joanna	Kaczmaraska	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
921	Andrzej	Kaczmariski	Male	Male (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5066	Michal	Kaszta	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7118	Kevin	Keegan	Male	Male (50-59)	Almost Athletes	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3056	Helen	Kelly	Female	Female (50-59)	Newent Runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
920	Rachel	Kempsell	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5067	Kenneth	Kenjones1234	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3057	Lizzie	Kennedy	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
919	Nick	Kent	Male	Male (50-59)	Monmouth Rock Up And Run	Valley View 10km	10km Wave 3	Event Wave 6	10:55
918	Rob	Keough	Male	Male (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5068	Alice	Kerslake	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5069	Robin	Kerslake	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3058	Sara	Ketcham	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
917	Ben	King	Male	Male (60-69)	Almost Athletes	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3059	Felicity	King	Female	Female (60-69)	Fit2Run	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3060	Rebecca	Kingston	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5569	Morag	Kitson	Female	Female (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
916	Shawn	Kitt	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5070	Dan	Knott	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3061	Helen	Knowles	Female	Female (60-69)	Newent runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7119	Matej	Kondrot	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
7120	Miriam	Lambert	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
915	Katherine	Latham	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
914	Tom	Latham	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5071	Sarah	Latheron	Female	Female (50-59)	Run with us Abergavenny	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3062	Wendy	Lawrence	Female	Female (70+)	Forest of Dean Athletic Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3063	Hannah	Lawtey	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7121	Michelle	Ledbury	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7122	Kerry	Lee	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5072	Owen	Lewis	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7123	Becky	Lewis	Female	Female (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5570	Simon	Lewis	Male	Male (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5073	Mark	Light	Male	Male (20-39)	Caldicot Running Club	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3064	Steven	Lillis	Male	Male (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3065	Suzanne	Lillis	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5571	Emily	Lindley	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
913	Craig	Lintern	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5074	Jake	Lloyd	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3066	Maria	Lock	Female	Female (60-69)	Flo&co#noexcuses	Valley View 10km	10km Wave 5	Event Wave 8	11:15
912	Chris	Lockett	Male	Male (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7124	Chris	Lockett	Male	Male (60-69)	Bitton Road Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7125	Sue	Low	Female	Female (60-69)	Almost Athletes	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7126	Ellie	Lowrey	Female	Female (20-39)	Riverside Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7127	Mike	Lowrey	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
911	JAMES	LUCAS	Male	Male (50-59)	Portishead RC	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7128	Jane	Luxton	Female	Female (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5075	Royce	Lye	Male	Male (50-59)	Lonely Goat RC	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5076	Ronald	Lynes	Male	Male (70+)	Kidderminster Stourport ac	Valley View 10km	10km Wave 2	Event Wave 5	10:45
5572	Annmarie	Macey	Female	Female (50-59)	Caldicot Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5573	Jason	Macey	Male	Male (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
910	Paul	Macnamara	Male	Male (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3067	Sephron	Mansell	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5077	Seb	Marchant	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
909	Andrea	Marshall	Female	Female (50-59)	DK Running Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5078	Andrew	Martin	Male	Male (50-59)	Black pear joggers	Valley View 10km	10km Wave 2	Event Wave 5	10:45
7129	Catriona	Matthews	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5574	Cerys	Matthews	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5079	Katie	Maude	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5575	Giada	Maugeri	Female	Female (20-39)	Caldicot Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5080	Harry	Mayo	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
908	Ewan	McBride	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
907	Lisa	McCooley	Female	Female (40-49)	DK Running club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5081	Paul	McCormack	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3068	Suzi	Mcdonald	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
906	John	Mcivor	Male	Male (40-49)	Brown Davies Running Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5082	Defne	Mckinstry	Female	Female (50-59)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
905	Alexi	McNair	Female	Select your answer		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3069	Alice	McTiernan	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3070	Trina	Medland	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3071	Ronnie	Meek	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3072	Hannah	Melin	Female	Female (20-39)	Parc Bryn Bach	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3073	Maria-luisa	Meredith	Female	Female (50-59)	Harlequins Trail Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3074	Stefan	merrix	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5083	Sam	Midgley	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3075	Joanne Marie	Miller	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
904	Andrew	Mitchell	Male	Male (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
903	Helen	Mitchell	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7130	Viv	Mitchell	Female	Female (60-69)	South London harriers	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3076	Julie	Molloy	Female	Female (50-59)	GoodGym Race Team	Valley View 10km	10km Wave 5	Event Wave 8	11:15
902	Julie	Monaghan	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3077	Amy	Monday	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5084	Colleen	Moore	Female	Female (40-49)	Steel City Striders RC	Valley View 10km	10km Wave 1	Event Wave 5	10:45
901	Lewis	Morgan	Male	Male (20-39)	Flo & Co	Valley View 10km	10km Wave 3	Event Wave 6	10:55
900	Melissa	Morgan	Female	Female (20-39)	Flo&Co #noexcuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5085	Thomas	Morris	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5576	Liam	Morris	Male	Male (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
7131	Michael	Moseley	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
899	Denise	Moultrie	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3078	Becky	Musgrove	Female	Female (40-49)	Newent runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3079	Jane	Nash	Female	Female (60-69)	Westbury harriers	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3080	Kate	Neill	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3081	Janet	Newland	Female	Female (60-69)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5577	Helen	Newton	Female	Female (40-49)	Llisbury Runners	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7132	Olivia	Nicholls	Female	Female (40-49)	DK	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7133	Tony	Noke	Male	Male (60-69)	DK Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7134	Helen	Noke	Female	Female (50-59)	DK Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3082	Oliver	Nolan	Male	Male (70+)	Almost athletes	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3083	Rachael	Nolan	Female	Female (40-49)	Almost Athletes	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5578	John	Noonan	Male	Male (60-69)	Hereford Couriers	Valley View 10km	10km Wave 6	Event Wave 9	11:25
898	Jo	Noott	Female	Female (50-59)	North Bristol Running Group	Valley View 10km	10km Wave 3	Event Wave 6	10:55
897	James	Noott	Male	Male (50-59)	North Bristol Running Group	Valley View 10km	10km Wave 3	Event Wave 6	10:55
896	Daisy	Noott	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5086	Mark	Nurse	Male	Male (60-69)	Withernsea Harriers	Valley View 10km	10km Wave 1	Event Wave 5	10:45
3084	Tina	O'Brien	Female	Female (40-49)	Flo & Co @noexcuses	Valley View 10km	10km Wave 5	Event Wave 8	11:15
7135	Dani	Oliver	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
895	Blaine	Oliver-Jones	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5579	Claire	Orford	Female	Female (50-59)	Caerleon Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5087	Shaun	Pain	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7136	Rebecca	PAINTING	Female	Female (40-49)	Dudley Kingswinford	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5088	Jon	Paisley	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
894	Greg	Parish	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
893	Alex	Parish	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5089	Claire	Parsons	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5090	Chris	Patrick	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5580	Ellis	Paul	Male	Male (50-59)	Lonely Goat	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5091	Sophie	Payne	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7137	Rachel	Peach	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5092	Emil	Pecoraro	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7138	Pat	Pedley	Female	Female (50-59)	DK	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3085	Jason	Pelta	Male	Male (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7139	Andrew	Perkins	Male	Male (50-59)	Dudley & Kingswinford Runni	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3086	Ellen	Perry	Female	Female (50-59)	GoodGym	Valley View 10km	10km Wave 5	Event Wave 8	11:15
892	Martin	Petchey	Male	Male (70+)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3087	Maggie	Pettit	Female	Female (70+)	Newent Runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
891	James	Pettitt	Male	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7140	Jackie	Phillips	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3088	Bethan	Phillips	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
890	Neil	Pimm	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5581	David	Plant	Male	Male (70+)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
7141	Dave	Poole	Male	Male (40-49)	The Pig Whisker Pavement P	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7142	Jamie	Poole	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5582	Ele	Power	Female	Female (20-39)	Brecon Athletics Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7143	Carolyn	Powles	Female	Female (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3089	Clare	Pratt	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7144	Daniel	Preen	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3090	Helen	Price	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
889	Donna	Proffitt	Female	Female (50-59)	Dudley Kingswinford RC	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5093	David	Prosser-Painti	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
888	Nadene	Pullen	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5583	Sharon	Punter	Female	Female (50-59)	Brecon AC	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5584	Esme	Punter	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5585	Lucy	Radford	Female	Female (40-49)	Portishead Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
887	Eric	Ramsey-Wade	Male	Junior Male (U20)	Vegan Runners	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7145	Mandy	Randall	Female	Female (60-69)	Lliswerry Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
886	Janet	Ray	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5094	Steve	Reason	Male	Male (50-59)	Spirit of Monmouth	Valley View 10km	10km Wave 1	Event Wave 5	10:45
7146	Vanessa	Redmond	Female	Female (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3091	Finley	Richards	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3092	Paola	Richardson	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
885	Nicola	Rickard	Female	Female (60-69)	Portishead Running Club	Valley View 10km	10km Wave 3	Event Wave 6	10:55
3093	Mark	Ridgman	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7147	Anna	Riglar	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7148	Matt	Riglar	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5095	Steven	Ripley	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5096	Bec	Ripley	Female	Female (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3094	Sarah	Roach	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5097	Elinor	Robertson	Female	Female (40-49)	Fry Club Joggers	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5100	Marc	Robinson	Male	Male (40-49)	Weston Athletics club	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5098	Theresa	Robinson	Female	Female (50-59)	DK Runners	Valley View 10km	10km Wave 2	Event Wave 5	10:45
5099	Tessa	Robinson	Female	Female (40-49)	Flo & Co	Valley View 10km	10km Wave 2	Event Wave 5	10:45
7149	Suzanne	Rodger	Female	Female (40-49)	Almost Athletes	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5586	Helen	Rogers	Female	Female (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5101	Tim	Rose	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5102	Jason	Rowland	Male	Male (40-49)	Team Bath	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5103	Kate	Rowlands	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5104	Lynn	Rubery	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5105	Melinda	Ruck	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7150	Chris	Ruck	Male	Male (60-69)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
884	Kate	Ruddock	Female	Female (50-59)	No Excuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5106	Matt	Russell	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
3095	Leah	Russell	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3096	Christopher	Russell	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5107	Nicole	Rutland	Female	Female (20-39)	Slinn allstars	Valley View 10km	10km Wave 1	Event Wave 5	10:45
7151	Kevin	Ryan	Male	Male (60-69)	Lonely Goat RC	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3097	Tammy	Ryan	Female	Female (40-49)	Girls That Jeff	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3098	Lorna	Saffer	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7152	Claire	Samuel	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7153	Philip	Sanderson	Male	Male (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5108	Ian	Sant	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5587	Jenny	Saxon-Ornella	Female	Female (50-59)	Portishead running club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
3099	Jennifer	Schmieder	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5109	Rosie	Scott-Ward	Female	Female (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
7154	Phoebe	Scrivener	Female	Female (20-39)	Ferrets	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5110	Darren	Seiver	Male	Male (60-69)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
883	Matt	Selwyn	Male	Male (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7155	Jill	Seymour	Female	Female (60-69)	Dudley & Kingswinford	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5111	Naveed	Shabeer	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
3100	Nick	Sheldon	Male	Male (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3101	Simon	Shorrocks	Male	Male (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3102	Lee	Shotton	Male	Male (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5112	Anne	Simmons	Female	Female (60-69)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7156	Margaret	Simmons	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
882	James	Simms	Male	Male (40-49)	Dudley Kingswinford Running	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5588	Ellie	Simpson	Female	Female (20-39)	Caldicot Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7157	Brian	Skitt	Male	Male (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3103	Emma	Skitt	Female	Female (40-49)	Dudley Kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
5113	Emma	Skyrme	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
3104	Natalie	Smalley	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
881	Susan	Smith	Female	Female (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7158	Liam	Smith	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3105	Paul	Smith	Male	Male (60-69)	#NoExcuses	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3106	Michelle	Smith	Female	Female (50-59)	#NoExcuses	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3107	Nicky	Smith	Female	Female (60-69)	Dudley Kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3108	Laura	Smith	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5589	Rachel	Smith	Female	Female (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5590	Phil	Smith	Male	Male (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5114	Kathryn	Sneyd	Female	Female (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 1	Event Wave 5	10:45
880	Jane	Sommerville	Female	Female (50-59)	Dudley Kingswinford	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5115	Aurelie	Soulier	Female	Female (40-49)	Slinn Allstars	Valley View 10km	10km Wave 1	Event Wave 5	10:45
879	Lesley	Southgate-Th	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5116	Glen	Speechley	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5591	Norman	Spencer	Male	Male (70+)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
878	Katie	Spitzmaul	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5117	Marion	Stanley	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7159	Ceri	Stephens	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7160	Owen	Stephens	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5592	Nicola	Stephens	Female	Female (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5118	Oliver	Stokes	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7161	Richard	Stokes	Male	Male (50-59)	DK Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
877	Monika	Strauja	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7162	Sue	Sturgeon	Female	Female (60-69)	Almost Athletes	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3109	Cordelia	Sutton	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
876	Val	Sweeney	Female	Female (50-59)	No Excuses	Valley View 10km	10km Wave 3	Event Wave 6	10:55
5593	Deborah	Talbott	Female	Female (60-69)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
875	Alan	Tate	Male	Male (60-69)	Avon Valley Runners	Valley View 10km	10km Wave 3	Event Wave 6	10:55
874	Pippa	Tate	Female	Female (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5594	Suzanne	Taylor	Female	Female (40-49)	Llisbury Runners	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7163	Laurence	Tempest	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5119	Barbara	Thomas	Female	Female (60-69)	Cirencester ac	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5120	Alice	Thomas	Female	Female (20-39)	Exmouth Harriers	Valley View 10km	10km Wave 1	Event Wave 5	10:45
7164	STU	THOMAS	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3110	Sarah	Thomas	Female	Female (50-59)	She Runs Cardiff	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3111	Donna	Thomas	Female	Female (40-49)	Wye Valley Runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3112	Katherine	Thomasset	Female	Female (50-59)	Southville Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3113	Adrian	Thomasset	Male	Male (50-59)	Southville Running Club	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3114	Steph	Thomasset	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3115	Clara	Thomasset	Female	Junior Female (U20)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
873	Sophie	Thompson	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7165	Alison	Thorneycroft	Female	Female (50-59)	DK Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5595	Alison	Tidmarsh	Female	Female (40-49)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5596	Mandy	Tobin	Female	Female (50-59)	Run-Forest-Run	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7166	Kim	Tomkinson	Female	Female (20-39)	Wye valley runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
872	Curtis	Tonks	Male	Male (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5121	Kayleigh	Tremaine	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
3116	Emily	Trenwith	Female	Female (40-49)	Newent Runners	Valley View 10km	10km Wave 5	Event Wave 8	11:15

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
3117	Emily	Trinder	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5122	Edward	Troughton	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5123	Isabel	Trowbridge	Female	Female (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
871	Julie	Tucker	Female	Female (60-69)	Chepstow Harriers	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7167	Richard	Tudor-Thomas	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7168	Victoria	Tudor-Thomas	Female	Female (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3118	Victoria	Tudor-Thomas	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3119	Richard	Tudor-Thomas	Male	Male (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5597	Kevin	Tweats	Male	Male (40-49)	Calne Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5598	Louise	Tweats	Female	Female (40-49)	Calne Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
7169	Sam	Tyler	Male	Male (20-39)	DK Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
5599	Laura	Tytherleigh	Female	Female (40-49)	Smotr	Valley View 10km	10km Wave 6	Event Wave 9	11:25
870	Laura	Underwood	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7170	Mark	Vickers	Male	Male (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5124	Tom	Wainwright	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5125	Dave	Waldron	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5126	Michael	Walker	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
869	Hazel	Wall	Female	Female (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
868	Richard	Wall	Male	Male (60-69)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7171	Helena	Warburton	Female	Female (50-59)	Brighton and Hove Women's	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7172	Matt	Ward	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3120	Susannah	Wardale	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5127	Michael	Waters	Male	Male (40-49)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7173	Steve	Waters	Male	Male (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
7174	Isla	Watts	Female	Female (40-49)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5600	Lisa	Watts	Female	Female (40-49)	Llisbury runners	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5128	Richard	Webb	Male	Male (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
867	David	Webster	Male	Male (50-59)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
7175	Rich	Welbourne	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
5129	Dolly	West	Female	Female (50-59)	FRRC	Valley View 10km	10km Wave 1	Event Wave 5	10:45
7176	Stuart	Westcott	Male	Male (40-49)	#noexcuses	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7177	Dave	Westley	Male	Male (60-69)	Llisbury Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05

Bib	First Name	Last Name	Gender	Category	Team	Distance	Race Wave	Event Wave	Start Time
5601	Ann	Westley	Female	Female (60-69)	Lliswerry Runners	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5602	Jason	Weyman	Male	Male (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5130	Andrew	Whale	Male	Male (50-59)	Barlick Fell Runners	Valley View 10km	10km Wave 1	Event Wave 5	10:45
866	Jessica	Whittaker	Female	Female (20-39)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
3121	Anne	Whittemore	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5131	Simon	Wild	Male	Male (40-49)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
7178	Scott	Wilkins	Male	Male (20-39)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3122	Emma	Wilkins	Female	Female (40-49)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5132	Victoria	Williams	Female	Female (20-39)	Dudley and Kingswinford	Valley View 10km	10km Wave 1	Event Wave 5	10:45
5133	Lucy	Williams	Female	Female (50-59)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5603	Sam	Williams	Female	Female (20-39)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
3123	Mary	Williamson	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
7179	Steve	Wilson	Male	Male (50-59)	Riverside Runners	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7180	Lisa	Wilson	Female	Female (50-59)	Sole Sisters	Valley View 10km	10km Wave 4	Event Wave 7	11:05
3124	Gail	Wilson	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3125	Suzanne	Windows	Female	Female (20-39)	Flo&co no excuses	Valley View 10km	10km Wave 5	Event Wave 8	11:15
865	Rachel	Winters	Female	Female (40-49)		Valley View 10km	10km Wave 3	Event Wave 6	10:55
5134	Jo	Witchard	Female	Female (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
7181	Sue	Wood	Female	Female (60-69)	Croft ambrey running club	Valley View 10km	10km Wave 4	Event Wave 7	11:05
7182	Rob	Wood	Male	Male (60-69)	Croft ambrey running club	Valley View 10km	10km Wave 4	Event Wave 7	11:05
864	Lindsay	Woodard	Female	Female (50-59)	Burnham on sea harriers	Valley View 10km	10km Wave 3	Event Wave 6	10:55
7183	John	Wright	Male	Male (50-59)		Valley View 10km	10km Wave 4	Event Wave 7	11:05
3126	Kay	Wright	Female	Female (60-69)	Dudley kingswinford	Valley View 10km	10km Wave 5	Event Wave 8	11:15
3127	Josie	Wright	Female	Female (20-39)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
3128	ANITA	WRIGHT	Female	Female (50-59)		Valley View 10km	10km Wave 5	Event Wave 8	11:15
5604	Paula	Wright	Female	Female (50-59)	Lonley Goat Running Club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5605	Paula	Wright	Female	Female (50-59)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5606	Tim	Wright	Male	Male (60-69)		Valley View 10km	10km Wave 6	Event Wave 9	11:25
5607	Cheryl	Wrigley	Female	Female (50-59)	Brecon AC club	Valley View 10km	10km Wave 6	Event Wave 9	11:25
5135	Matt	Yates	Male	Male (20-39)		Valley View 10km	10km Wave 1	Event Wave 5	10:45
5136	James	York	Male	Male (20-39)		Valley View 10km	10km Wave 2	Event Wave 5	10:45
5608	Mary	Zarrett	Female	Female (60-69)		Valley View 10km	10km Wave 6	Event Wave 9	11:25